



## LifeCare Counselling and Family Services

Bankstown  
Campbelltown  
Penrith  
Wyong



## BCS LifeCare Counselling and Family Services



**Support and growth for all ages**

### Contact

Information and Appointments for all Centres call:

**1300 130 225**

Mobile Users:(02) 9708 2088

Administration Office  
Suite 4, Level 2  
402-410 Chapel Rd  
Bankstown NSW 2200  
Fax: (02) 9796 4226

# Counselling Can Help

Early Intervention  
Family Skills Training  
Men & Family Relationships  
Counselling  
Separation & Post-Separation  
Domestic Violence  
Professional Supervision  
Training

**Support and Growth for all ages**



A member of Family Relationship Services Australia



Baptist Community Services NSW & ACT (BCS) ABN 90 000 049 525  
28A Cambridge St Epping NSW 2121 (PO Box 655 Epping NSW 1710)  
Tel: (02) 9023 2500 Fax: (02) 9023 2501 Email: corporate@bcs.org.au

# Counselling



## Many people ask: “How can counselling help?”

- Talk in complete confidence
- Clarify issues
- Determine options

### All LifeCare counsellors are:

- Trained and receive on-going professional development.
- Supported in their work by supervisors.
- Members of a professional association of counsellors.

As someone who believes in the dignity and worth of every person, each LifeCare counsellor is committed to giving you the highest standards of counselling and care.

BCS LifeCare services are for Individuals and Groups, Couples and Families, Children and Adolescents, Students and Professionals.

### Programs

BCS LifeCare conducts group and family intervention programs including:

- **Kids Time**

A group assisting children who have witnessed or experienced domestic violence.

- **REACTT**

For adolescents learning to manage their anger

- **Living Beyond Abuse**

A group for women who have or are experiencing family violence

- **Introduction to Facing Up, and Facing Up**

Groups for men who want to break the violence cycle

- **Kids Between**

Assisting children to adjust to changes following separation.

- **Connections**

A group for mothers and their children to rebuild relationships impacted by domestic violence.

- **Men and Family Relationships Services**

- **Child & Family Support Program**

BCS LifeCare provides a range of Professional Services including: Training, Internships, Supervision, Corporate and Organisational Training

### About BCS LifeCare

BCS LifeCare is an activity of Baptist Community Services NSW & ACT which has been serving the community for more than 50 years. This service adopts a proactive and whole-of-family approach in all its programs as it seeks to provide high quality counselling and support services.

### Fees

BCS LifeCare is approved and partially subsidised by (FaHACSA) Family, Housing and Community Services and Indigenous Affairs, which enables BCS LifeCare to offer fees scaled according to family income.