

# “NON- TO VIOLENCE”



If you know someone who is  
in need of support or information  
please contact the services listed.

<b>Emergency (police)</b>	000
<b>DV Hotline</b>	1800 656 463
<b>Kid's Help Line</b>	1800 551 800
<b>Domestic Violence Advocacy Service</b>	1800 810 784
<b>Homeless Persons</b>	1800 234 566
<b>LifeCare Counselling &amp; Family Services</b>	1300 130 225
	9708 2088
<b>Men's Line</b>	1300 789 978

Domestic Violence:  
when one person uses violence or abuse to  
cause fear so as to control another person.

Verbal Abuse:  
undermines self esteem and confidence

Social Isolation:  
breaks down support networks

Psychological &  
Emotional Abuse:  
affects wellbeing and mental health

Financial Abuse:  
limits choices

Spiritual Abuse:  
uses religion to justify or  
excuse abuse/violence

Sexual Abuse:  
humiliates and shames

Physical Abuse:  
gets worse over time

Definitions courtesy of  
Black & Blue Campaign

[www.bcs.org.au](http://www.bcs.org.au)