

“No to
Violence”



www.lifecare.net.au

Domestic Violence:

when one person uses violence or abuse to cause fear so as to control another person

Verbal Abuse:

undermines self esteem and confidence

Social Isolation:

breaks down support networks

Psychological & Emotional Abuse:

affects wellbeing and mental health

Financial Abuse:

limits choices

Spiritual Abuse:

uses religion to justify or excuse abuse/violence

Sexual Abuse:

humiliates and shames

Physical Abuse:

gets worse over time

Definitions courtesy of
Black & Blue Campaign

www.bcs.org.au

If you know someone who is
in need of support or information
please contact the services listed:

Physical & Sexual Assault Hotline	1800 RESPECT 1800 737 732
DV Hotline	1800 656 463
Domestic Violence Advocacy Service	1800 810 784
Homeless Persons	1800 234 566
BCS LifeCare Relationship Services	1300 130 225 02 9708 2088
Men's Line	1300 789 978

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